

BILL BURBY INSPIRATIONAL 5K/10K RUNS & 5K WALK

Saturday, July 20th, 2019 - Vashon Hwy SW & SW Gorsuch Rd, Vashon Island

REGISTRATION INFORMATION:

- 1. MAIL-IN REGISTRATION** (\$25 adult/\$12.50 children) must be postmarked by **Saturday, July 13, 2019**
Mail completed entry form and fee to: Bill Burby Fun Run, PO Box 2625, Vashon, WA 98070
- 2. DROP-OFF REGISTRATION** (\$25 adult/\$12.50 children) by **12pm, Thursday, July 18, 2019**
Deliver completed entry form and fee to: Northwest Sports, 17520 Vashon Hwy SW, Vashon, WA 98070
- 3. ON-LINE REGISTRATION** (\$25 adult/ \$12.50 children) must be completed by **12pm, Thursday, July 18**
www.billburbyrace.org
- 4. RACE-DAY** (\$40 adult/ \$25 children) **7:00am, Saturday, July 20, 2019**
Vashon Hwy & Gorsuch Rd

ENTRY FEES:

Adults \$25 advance entry, \$40 at DAY OF check-in
Children aged 18 & under \$12.50 advance entry, \$25 at DAY OF check in
NO ENTRY FEES REFUNDED \$5 fee to change categories at check-in

RACE-DAY SCHEDULE:

7:00am PACKET PICK-UP & last minute REGISTRATION **Vashon Hwy SW & SW Gorsuch Rd**
8:15am 10K participants line up at starting line for 8:30am 10K START TIME
8:31am 5K participants line up at starting line for 8:45am 5K START TIME
10:00am AWARDS CEREMONY - official timing ends

ELIGIBILITY:

This race is open to the first 500 amateur athletes who have registered by the appropriate deadline (see Registration Information above). If the athlete is under 18 years of age that person's parent or guardian must sign the statement of release. Each participant may enter in only one of the categories listed. No dogs allowed.

RULES:

Each competitor will run on the approved course as directed, will not accept outside assistance, and will accept the decision of the judges as final. Although traffic control will be handled as responsibly as possible, nothing relieves the runner of responsibility to avoid injury by vehicles, traffic, or from hazards of the course. Race numbers issued must be worn at all times during the race.

START / FINISH:

Start and finish at **Vashon Hwy SW and SW Gorsuch Rd**

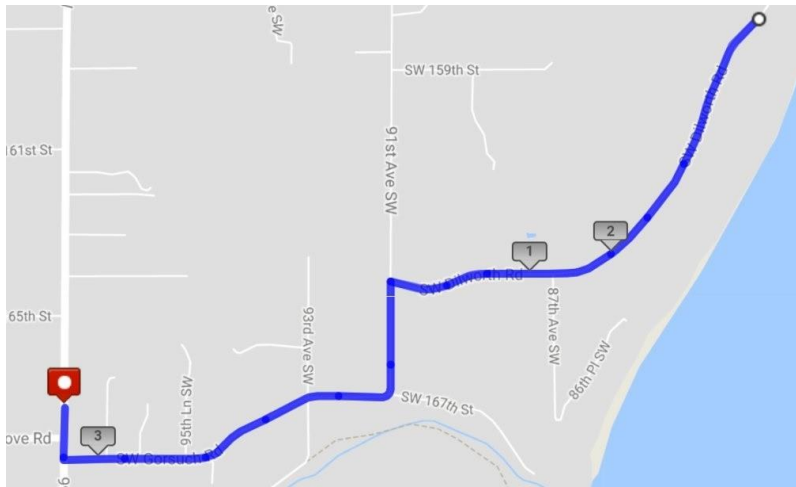
Just 7 miles from the Vashon terminals of either the Fauntleroy/Vashon or Pt. Defiance/Tahlequah ferry runs. Follow Vashon Hwy toward town, the intersection of Gorsuch Rd is approximately one mile north of the main intersection of town.

COURSE DESCRIPTION:

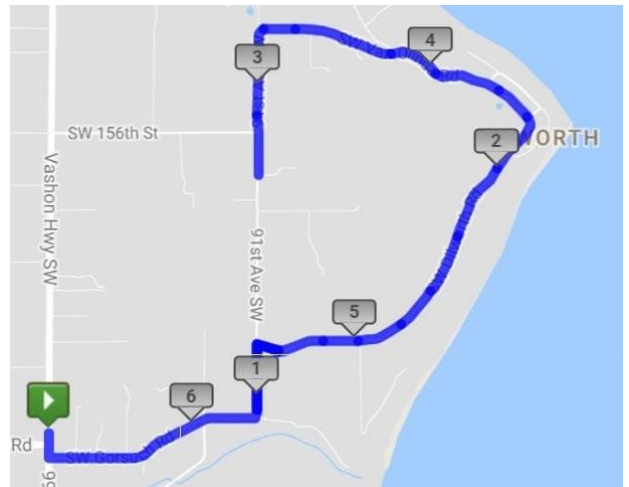
A looping, paved, two-lane, scenic, country road with some hills. This is a challenging course and is USATF certified and sanctioned.

Do The Burby!

www.billburbyrace.org



5K Route



10K Route

STATEMENT OF DEDICATION:

Bill Burby, one of the co-founders of the Vashon Strawberry Festival 10K Run in 1980, died suddenly of cardiac arrest in 1989. Bill was a true inspiration to all of those whose lives he touched. In memory of Bill, the race is now called the Bill Burby Inspirational 5K/10K Fun Run/Walk. This year the race also honors the contributions of Vashon Island Junior Basketball to Island athletics.

GENERAL INFORMATION:

Vashon Island has beautiful scenery and is a great place to run. The race is held during our annual Strawberry Festival. After the run there is a parade, live music, entertainment, carnival, food, and a super arts and crafts fair. Bring the whole family over to the Island and make a day of it.

AWARDS:

Pre-registered entrants will receive a T-shirt. Plaques will be awarded to the male and female overall winners of the 5K & 10K runs. Medals for the top 3 finishers in each age division of the 10K & 5K runs will be awarded. Participants must be present to receive awards.

RUN FOR RYAN:

The Bill Burby Race encourages participants to honor Ryan Belknap Krug through race donations which directly support the Ryan Krug Memorial Scholarship fund. Ryan was a beloved member of the VHS Class of 2014 who tragically lost his life his junior year in a car accident. In 17 years, Ryan was greatly admired for his kindness, good humor and generous spirit. A gifted student, athlete, musician and citizen, Ryan's life and influence are celebrated through the Ryan Krug Memorial Scholarship, presented to Vashon graduating seniors each spring.

All proceeds go to Vashon High School athletic teams and to provide the annual scholarship in Bill's name.

2018 BILL BURBY INSPIRATIONAL 5K/10K RUNS & 5K WALK

ENTRY FORM

Detach and mail in completed entry form and fee, postmarked no later than Saturday, July 13, 2019 to
Bill Burby Fun Run, PO Box 2625, Vashon, WA 98070

NAME _____ PHONE _____

ADDRESS _____ CITY/STATE/ZIP _____

CIRCLE: 5K Runner 10K Runner 5K Walker

CIRCLE: Male Female

Participants age on Race Day: _____

DECLARATION – Statement of Release

I acknowledge that participating in a road race, regardless of distance, includes an element of risk. Risks include, but are not limited to, illness, traveling to and from the event, falls, contact with spectators or other participants, vehicle traffic, effects of the weather, and the surface conditions of the roads and sidewalks. I verify that I have full knowledge and appreciation of the risks and I attest that I am medically able and sufficiently trained to participate in this race. I agree to abide by any decision of an event official relative to my ability to participate in this event safely and I further agree that event officials may authorize necessary emergency treatment for me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I, for myself, my heirs, and assigns intending to be legally bound, do hereby waive and release any and all rights and claims or liability of any kind or nature whatsoever as a result of my participation in this event that I may have against the Bill Burby Fun Run Association, the Bill Burby Inspirational Fun Run/Walk, it's officers, volunteers, agents, co- sponsoring groups and any other personnel in any way assisting or connected with this event. I also agree that sponsors may use for publicity or promotional purposes, my name or pictures of me in this event without liability or obligation to me.

SIGNATURE OF RUNNER _____ DATE _____

RUNNER UNDER AGE 18 – Statement of Release

I have read the Declaration – Statement of Release Waiver and _____
has my permission to run in the road race on Saturday, July 20, 2019. He/She has trained for the race and is in good physical condition.

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

ENTRY FEES

Adults: \$25 advance entry, \$40 at DAY OF check-in

Children aged 18 & under: \$12.50 advance entry, \$25 at DAY OF check in

NO ENTRY FEES REFUNDED: \$5 fee to change categories at check-in

ENTRY FEE _____ + RUN FOR RYAN DONATION _____ = TOTAL PAYMENT _____